Education Residents Report for October 2026

Reporting period: 1 October 2026 – 29 October 2026
Sender: gchaliki@med.duth.gr (sent on behalf of Prof. Tziakas)
Total matching sent emails: 11

Lectures

#	Date	Title	Presenter	Audiance
1	22-10-2026	ESC 2026 Guidelines : Heart Failure	Νιαζή Ογλου Εφέ	100% Residents
2	29-10-2026	2026 ESC/ERA Guidelines for the Management of Cardiovascular Disease (CVD) and Chronic Kidney Disease (CKD)	Κλητσίδης Θοδωρής	80% Residents

Journal Scan

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Email Log

#	Date	Subject	Residents	Purpose Summary
1	01-10-2026	Journal Scan 01_10_2026	Κουτρουλός Β Τσαλγκίδης Αν. Μπουρσουκης Γ Ναζή Ογλου Εφέ Κλητσίδης Θ.	JACC Vol 88 Issue 13: review on beta-blockers in cardiology, plus ACC guidelines on perioperative cardiac evaluation.
2	13-10-2026	Journal Scan 13_10_2026	Κουτρουλός Β Τσαλγκίδης Αν. Μπουρσουκης Γ Ναζή Ογλου Εφέ Κλητσίδης Θ.	EHJ Vol 47 Issue 38: 2 reviews (albuminuria in HF, parasitic infections), 5 editorials (MRAs/aldosterone and the brain, pulmonary vascular disease and catheterization, HFrEF treatment debate, digitalis, GMTD and sex interaction), and 1 trial (antiplatelet duration after CABG).
3	18-10-2026	Journal Scan 18_10_2026	Κουτρουλός Β Τσαλγκίδης Αν. Μπουρσουκης Γ	JAMA Cardiol Vol 11 Issue 10: 3 editorials (maternal CV health evidence gap, LAAO vs OAC trade-offs, etiology-based MI classification) and 2 image cases (VF during intravascular lithotripsy, cardiac

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			Ναζή Ογλου Εφέ Κλητσίδης Θ.	myeloid sarcoma).
4	22-10-2026	Journal Scan 22_10_2026	Κουτρουλός Β Τσαλγκίδης Αν. Μπουρσουκης Γ Ναζή Ογλου Εφέ Κλητσίδης Θ.	NEJM: Librexia ACS and POET II, each with its editorial. Also a Medscape item on POTS and an AI summary
5	23-10-2026	Journal Scan_23_10_2026	Κουτρουλός Β Τσαλγκίδης Αν. Μπουρσουκης Γ Ναζή Ογλου Εφέ Κλητσίδης Θ.	JACC Vol 88 Issue 16 HCM journal club summary: SHARE registry on mild HCM, left atrial staging to predict AF, myectomy with chordal cutting, plus clinical reminders.
6	24-10-2026	Journal Scan 24_10_2026	Κουτρουλός Β Τσαλγκίδης Αν. Μπουρσουκης Γ Ναζή Ογλου Εφέ Κλητσίδης Θ.	EHJ Vol 47 Issue 39: summary, trial on LV support during high-risk PCI, 2 cases, editorial on endometriosis and CVD, review on adverse pregnancy outcomes and CVD,

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				and cardiac rehabilitation guidelines.
7	27-10-2026	Journal Scan 27_10_2026	Κουτρουλός Β Τσαλγκίδης Αν. Μπουρσουκης Γ Ναζή Ογλου Εφέ Κλητσίδης Θ.	Heart 2026;112:22 newsletter, plus the full-text review on VKAs.
8	27-10-2026	Journal Scan_27_10_2026b	Κουτρουλός Β Τσαλγκίδης Αν. Μπουρσουκης Γ Ναζή Ογλου Εφέ Κλητσίδης Θ.	EHJ 2026;47:40 newsletter. aortic dissection case, homozygous FH review, lipoprotein apheresis review, and a comment on antihypertensive discontinuation.
9	28-10-2026	Journal Scan 28_10_2026	Κουτρουλός Β Τσαλγκίδης Αν. Μπουρσουκης Γ Ναζή Ογλου Εφέ Κλητσίδης Θ.	Medscape summary: resting hs-troponin I predicted outcomes better than nuclear stress testing in stable CAD
10	28-10-2026	Journal Scan 28_10_2026	Κουτρουλός Β	JACC Vol 88 No 17. Σummary

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			Τσαλγκίδης Αν. Μπουρσουκης Γ Ναζή Ογλου Εφέ Κλητσίδης Θ.	
11	29-10-2026	Journal Scan 29_10_2026 EJHF	Κουτρουλός Β Τσαλγκίδης Αν. Μπουρσουκης Γ Ναζή Ογλου Εφέ Κλητσίδης Θ.	EJHF: Journal Scan newsletter, review on TR in heart failure, and heart transplantation guideline update.